

# ARMY COLLEGE OF DENTAL SCIENCES

MAY 2021



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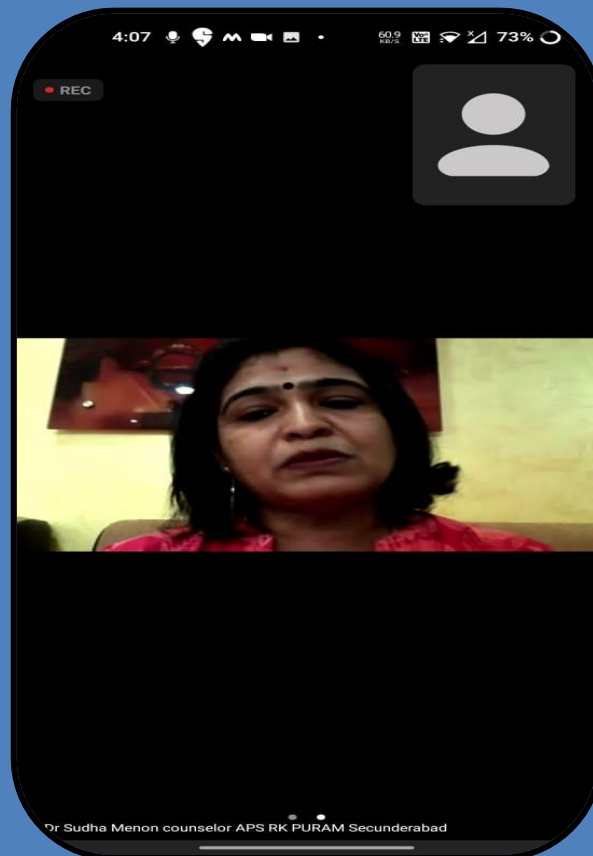
### Important Events

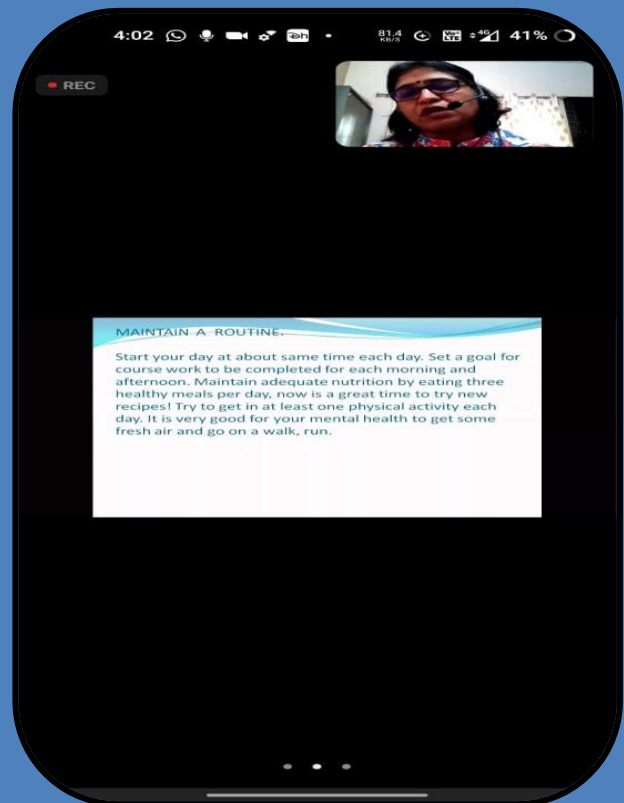
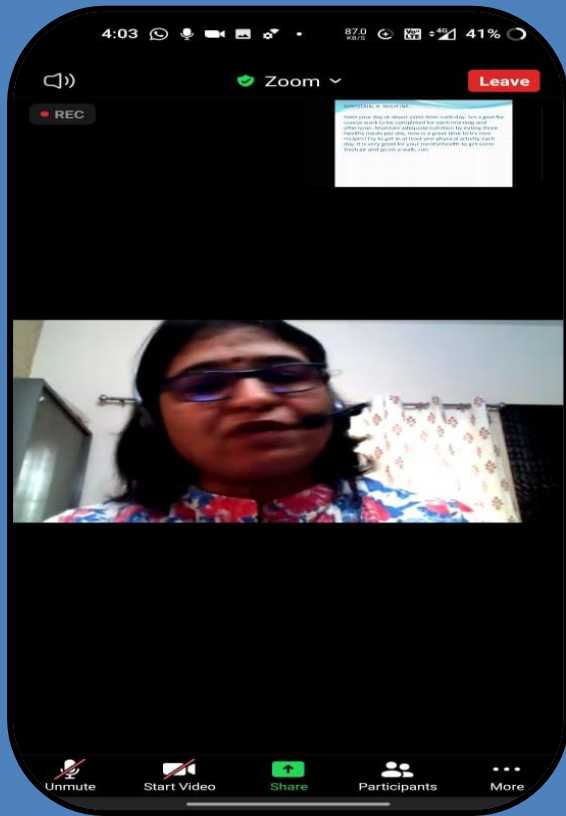
- Counselling Session
- Online classes
- World no Tobacco day

### Upcoming Events

## COUNSELLING SESSION

A counselling session was held on 4/5/2021 and 14/05/2021. This session was taken to counsel the students and staff members on how to overcome "Anxiety generated by COVID". Mrs Sudha Menon, Psychologist associated with AWES spoke in the session. 1<sup>st</sup> session was attended by 88 participants and the second session was attended by 76 participants. Participants learned various ways to cope up with the stress caused by Covid 19 times.





## ONLINE CLASSES

Due to Covid 19, Undergraduate students were taught through online classes. Post graduates discussed Seminars, Journal clubs through zoom with their concerned Department Staff.

## WORLD NO TOBACCO DAY

World No Tobacco day is observed around the world every year on 31st. This year the Theme Of World No Tobacco day is : Quit Tobacco to be a winner. On Occasion of World No Tobacco Day on May 31st 2021 with the theme of "commit to quit" the Undergraduates , Post graduates and interns of ACDS have taken pledge to quit tobacco usage.



## UPCOMING EVENTS

- World Environment Day
- International Yoga Day
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